Volume 82, No. 19 May 12, 2006 Your Navy Starts Here

GLakes employees receive federal awards

By JUDY R. LAZARUS **Bulletin Associate Editor**

Three winners and five finalists from Great Lakes were recognized for their outstanding performance on the job during the annual Federal Employee of the Year Awards ceremony. Great Lakes had winners in four of the 11 categories.

The competition is held annually by the Chicago Federal Executive Board. Master of ceremonies at the 49th annual luncheon was Harry Porterfield of Channel 7.

The event provides an opportunity to honor the most dedicated, professional, and quality employees within the Chicago federal community. Nominations were from all federal executive agencies in the Chicago area. Hundreds of employees are nominated by their supervisors each year.

Robert (Bob) Kane Jr., water and foreman, Facilities Naval (NAVFAC) Engineering Command was named Outstanding Midwest, Employee; Supervisory Kimberly McLaughlin, legal clerk at Transient Personnel Unit (TPU) was chosen Outstanding Secretarial/Clerical Employee; and Robert Warrington, NAVFAC cement finisher who deals with MEO (most efficient organization) projects, was selected as Outstanding Trades and Crafts Employee.

Finalists were Penny M. Manczko, NAVFAC Midwest, and Gloria Pelletier, MWR, for Outstanding Supervisory Employee; Stephen Pitman, NAVFAC Outstanding Professional Midwest, Employee; Cheryl Heide, Training Support Center (TSC), Outstanding Secretarial/Clerical Employee; and William Haddican, NAVFAC Midwest, Outstanding Trades and Crafts Employee.

"Though I am honored to be selected as the Supervisory Chicago Federal Employee of the Year, my analogy is that "You are only as good as those you work with," Kane observed. "With that said, I would like to thank everyone with whom I work at NAV-FAC Midwest for placing me in this prestigious position, and extend my thanks to the annual Chicago Federal Employee of the Year program.'

McLaughlin said she was surprised to win the award. "It was a great honor," she noted. The legal clerk enjoys her job. "It's really interesting," she declared. There's something new every day."

"It's only due to the great people that I work with," said Warrington, referring to his award. "It's an awesome environment to work in. A lot of people deserve this more than I do. I'd like to accept it for Great

Mom Jeri Dementer and daughter Victoria admire the formal dresses they purchased at the USO of Illinois's Gown-a-Palooza sale last weekend. Photo by Judy R. Lazarus

TSC finanical manager earns **Comptrollership Award**

By EVA KOWALSKI

Training Support Center

To some, accounting may appear like an uneventful career choice, but to Heather Schneider, financial manager at Training Support Center (TSC), Great Lakes, accounting has taken her around the world, enabled her to study abroad at Oxford University in England and most recently earned her the Echelon III Comptrollership Award from the Office of the Assistant Secretary of the Navy.

Schneider was among more than 180 candidates nominated for one of six awards in the categories of accounting, budgeting, comptrollership, human capital, trainee, and team work, through the OASN (FM&C)), which recognizes excellence semi-annually among Department of the Navy financial managers at the Echelon II and Echelon III Command levels.

Thirty commands submitted nominations for the October 2005 through March 2006 awards.

Dick Reed, OASN (FM&C)) Senior Budget Analyst, said in judging the competition, panelists, which comprised a team of executive federal employees, looked for initiatives that were extraordinary and had resulted in significant improvement to the quality of financial management.

"The thing that jumped out at me was the 24-hour travel help desk," said Reed.

Since assuming the position of financial manager at TSC in July 2003, Schneider, who manages a small team of staff and ensures budgeting and accounting needs are met for TSC and its six learning sites, has implemented various computer-based programs and initiatives to improve the operation of the fiscal office. Such initiatives include installing an internal accounting system "FASTDATA," an invoice-paying system "Wide Area Work Flow" and the "Defense Travel System," which includes access to a 24-hour travel help

Reed said, "The comptrollership award is premier. It shows how financial managers can combine skills of budgeting and accounting ... effectively turning the organization into an effective team."

"I know I did the best that I could while I was here with what I had to work with. Really the award goes to my staff. I'm really just a translator," said Schneider about winning the award.

TSC Director of Business Management

See AWARD page 3

Military find treasures at USO Gown-a-Palooza

By JUDY R. LAZARUS **Bulletin Associate Editor**

Silk, satin and sequins were on display Saturday when the USO of Illinois held its Gown-a-Palooza event at the Great Lakes USO on the second floor of Building 27.

One hundred assorted formal gowns and dresses, shoes, purses, and jewelry, donated by USO board members, volunteers, and members of the community, were available to military women and their family members. Dresses were \$20 each; other items were free.

Brunch, gift bags, and music by the Alison Ruble Jazz Trio added to the festivities in the room dedicated for the event.

"Military spouses deserve this," said Lisa Moeller, president of USO Illinois.

Donated clothing items were collected at the Hinsdale and Chicago homes of board members a week before the sale.

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Now hear this!

There is a reclaim uniform clothing sidewalk sale at Galley 535, May 15 from 10 a.m. to 2 p.m. The patio will be open for lunch.

'Civil Air Patrol encampment at RTC'

SEE PAGE 16

Find out what's happening at **Great Lakes!**

Visit the Great Lakes official websites at www.nsgreatlakes.navy.mil and www.nstc.navy.mil

The competition is on!

TSC students participate in the Ultimate Command Challenge

By EVA KOWALSKI Training Support Center

Since the Ultimate Command Challenge (UCC) kick-off on April 27, there is a change in the air at Training Support Center (TSC), Great Lakes – shipmates talking about "esprit de corps," competing, laughing, and having fun.

"It gives them an outlet in the afternoon...a way to decompress from all the academics," explains GSCS(SW) Jerry Hunt, UCC committee head, keeping his eye on the tricycle race from the bleachers on Constitution Field. His grip remains firm on the loudspeaker as he supervises the event, watching four students from different Bachelor Enlisted Quarters, referred to as Ships, pedaling around on an adult tricycle with fierce determination.

Motivation isn't hard with the support of your shipmates.

Seaman Darius Brown, 21, from Atlanta, Georgia forms part of a cluster of USS Cole Sailors. They chant, they yell "HOO-RAH," and even mention the words "esprit de corps," as they stand on the sidelines cheering their shipmate on as he rides around the track.

Brown mentions that he is enjoying the "team and morale."

"It's all about teamwork, we motivate each other and work together," he explains. One shipmate even has his Ship's name

"USS Cole" painted across his forehead.

Across the opposite end of the field, a similar scene unfolds as students hover

around to cheer on their shipmates participating in the rope climb event – different activity, but same level of support.

In the center of the field, another set of students toss an oversized beach ball, about four feet high, in a game of monster ball. The remainder plays a game of kick ball.

This is the afternoon scene at TSC during the UCC – students form teams within their Ships as they battle it out for sport placement points and esprit de corps points.

The UCC is a month-long competition, sponsored by Navy Morale Welfare and Recreation (MWR) in support of the TSC team sports segment of the Apprentice Military Environment (AME) program. This is the second year the UCC is running.

"The intent is to provide Sailors with fun competition that is a little different then their normal sports program, giving them a sense of camaraderie in the fun spirit of good competition," said Lisa Busse, MWR special projects coordinator.

Four afternoons a week, select students from each of the 11 Ships, start out by mustering at the location of the sporting program for that week. Following a motivational check and safety brief students are split into groups and sent to one of the events taking place that day. Then they rotate, so that each group of students gets an opportunity to experience each event.

Since the last UCC, additional events have been added.

"We increased the amount of events from 15 up to about 25 just to keep more people involved and engaged throughout the month and provided more opportunities for teams to get points," said Busse.

Some of the new add-on events include disc golf, a seven-ton truck pull, a new obstacle course, and monster ball.

Students are also participating in a mural competition to come up with a logo or identity design for their Ship. The win-

See COMPETITION page 13



Take pride, pick up litter

Even though the Naval Station recently completed the spring base-wide cleanup, it is in everyone's interest to dispose of litter correctly. As you walk around the base take time to pick up garbage lying around and put it into the trash. "We owe it to our taxpayers to show that we take pride in how our base looks to others," said Cmdr. Hank Roux, Naval Station executive officer. Photo by FC2(SW) Jason Mosher

Enlisted Board of Advisors to commence spring conference

By PH1 (AW/SW) V.K. SCHAEFER NSTC Public Affairs

The Enlisted Board of Advisors (EBOA) that is comprised of Fleet, Force and Chief of Naval Operations (CNO)-Directed command master chiefs, will host its bi-annual conference at Naval Service Training Command on May 15 through 18.

The EBOA evaluates topics affecting the successful development of Sailors from the start of their career through their completion of service to the Navy, explains CNO-directed command master chief Anthony R. Driver, command master chief, Naval

Service Training Command.

Topics include mentorship, personal financial management, goal setting, core values, pride in service, teamwork, healthy lifestyles, watch standing, personal responsibility and accountability, Navy history and heritage, and Navy rights and responsibilities.

"The board sets out to further develop the core competencies of the 21st century Sailor by focusing on a training continuum that starts with the delayed entry program (DEP) and continues through general military training (GMT)," Driver said.

Some of the changes at Recruit Training

Command that can be attributed to feedback from the EBOA are the PT uniform, Battle Stations 21 and the removal of service week.

"By having an Enlisted Board of Advisors, we have an opportunity to make changes that will affect a Sailor in the here and now," noted Driver. "We have made realistic changes to improve the quality of life, and the quality of our service of our Sailors."

GOWN

(Continued from page 1)

"We went through them all and checked them out," Moeller said. "We kept the best of the best." She noted that some of the dresses were brand new and still had price tags on them.

The ball season is on now and people need dresses, Moeller said.

"We're hoping to do this every year," she explained, "in the early spring for military daughters before the proms, and in early fall for wives or for military personnel who want to wear civilian clothes to the balls."

"This is so nice," said Jeri Dementer who bought a gown, as did her daughter Victoria. "It's great for us to get dresses we can afford so we can go to these events."

Kristy Trowery thinks the sale was a very good idea. "I hope they do it more often for special occasions," she said.

"What the organizers did in the amount of time they had was incredible," said Beth Piccolo, manager of USO Great Lakes. "It shows what determination will do."

Great. Bulletin

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If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected.

NavSta established sexual assault hotline

The Great Lakes Sexual Assault Victim Intervention Advocate (SAVI) confidential hotline is (847) 489-8196.

The SAVI Program is specifically designed to meet the needs of sexual assault victims currently in the armed forces and their adult family members. The SAVI program offers victim advocates, resources and referrals.

Victim Reporting Options

Unrestricted Reporting: A sexual assault may be reported to your chain of command, NCIS, medical personnel, victim advocate or the sexual assault response coordinator (SARC). An investigation will take place. The victim will be offered medical attention, advocacy and counseling services.

Restricted Reporting: This reporting option is available only to active duty personnel. The report must be made to one of the following designated personnel: SARC, chaplain, medical personnel and victim advocate. The report is confidential. The chain of command and NCIS will not be notified. There will be no investigation. Medical attention, advocacy and counseling services will be offered.

For additional information call: Kim Smith, NRMW SARC, at (847) 688-3603 ext. 113 or kim.s.smith.ctr@navy.mil. Heather Moran, SAVI prevention and Education SARC, at (847) 688-3603 ext.116 or heather.m.moran.ctr@navy.mil.

Reducing your phone bills, at work and at home

By JUDI JONEIKIS

Base Communications Officer (BCO) NCTAMS LANT

There are several ways you can cut your phone bills, and it doesn't cost a dime. Here is a list with a few hints and a tool or two to help cut phone bills.

Directory Assistance: For directory assistance use the Internet when possible for no-charge look ups. If you must make a mobile call, or have no Internet access, then dial 1-800-Free 411 (800-373-3411). 800-Free-411 gives you any cell-phone number requested. The caveat is they may sometimes put in a 10-second commercial before giving you the number. For instance, if you call for hardware store A, you may have to listen to a 10 second hardware store B advertisement. Of the numerous times called, only one ad was heard. This tip can be used by everyone, family and friends, and is a life saver when on the road using expensive cell-phone charges.

Four-Digit On-Base Dialing. Remind all on-base personnel that if you call another 688-base number, dial only the last four digits. Dialing the last four is a free call. However, on many command phone bills calls to 847-688-xxxx numbers were seen. This results in a charge to the government. Look at your bills for called numbers; if you see 847-688-xxxx, talk to personnel about doing only four-digit dialing.

DSN: If calling to another base or DoD

entity, use DSN. DSN calls for Great Lakes are free. For those who do not know the DSN number, there is a website that provides a download of the entire DSN directory, or sections such as Navy, CONUS, etc. For a DSN number, or for the entire DSN directory, you may download a PDF file by going to http://dsnbbs.ncr.disa.mil/telephone.htm.

Unused Lines: Each month commands receive a phone bill listing all telephone numbers charged to them. On an annual basis (at minimum) do a line-by-line review to ensure you are paying for only those lines and circuits you need.

•There have been buildings demolished that commands continued to pay line charges for because they failed to submit disconnect orders.

•If you aren't sure where the line is or if its still needed, submit a request to have the line "inactivated." This is a no-cost order that is accomplished by the BCO.

The BCO goes into the AT&T/SBC database, effectively turning the line off so it can't be used for in or out calls. We wait to see if anyone complains. If not, a disconnect order is placed and more money is saved! This "inactive" is done in 20 minutes, and can be turned back on in 20 minutes — no charge. The monthly billing remains, but you save the reinstall cost if you find you really do need the line.

•Verify the need for data or alarm circuits. These are listed on the command's phone bill with the to/from building num-

Inventory/Verify: Do an inventory of lines versus people. Many offices have undergone personnel reductions, but the level of telephone lines has remained the same. Unless an office's livelihood is telephone dependent, such as a supply office who calls vendors, places orders, verifies prices, etc. A good rule of thumb is three people per telephone number. In some offices, such as school buildings with instructors who are in class most of the day, the ratio can be higher. Verify that you need the quantity of lines you are paying for!

Check shared line usage. Not everyone is "important" enough to warrant a private line. Share lines. A line that is used teo hours a day can be shared so it is used five to seven hours a day. Make it worth the money for that telephone number to exist on your bill.

Calls Flagged For Investigation Report. At the end of each command's monthly phone bill is what is referred to as the

"babysitting report." This report shows calls of 60 minutes or more, calls of \$10 or more, directory assistance calls and suspected fraud (someone who signs up for AOL or a voicemail service on the government's dime.)

Sometimes, its not the cost of the call, but the amount of time spent talking on the phone and NOT working. A \$2.40 charge is a two-hour call, not much money, but not much productivity either! As for those "only 25 cents" calls, look at it like this: a 25 cents phone call doesn't sound like much, but multiply that by 25,000 people each making one such call a month and you have \$6,250 in charges.

Bear in mind: NAVCOMTELCOMINST 2066.1B states "personal phone calls cannot result in a charge to the government, even if the employee intends to reimburse the government."

If you would like help in reviewing your bill, auditing lines, or determining need, please feel free to contact the BCO office, ext. 2091 for assistance.

AWARD

(Continued from page 1)

Lt. Chris Davis, who submitted Schneider's nomination said, "She epitomizes the Assistant Secretary of the Navy Management (Financial Comptroller) strategic vision for future Big Navy success and is most definitely deserving of this esteemed award recognizing our best people."

Schneider, who will be presented with a certificate and plaque on May 31 in San Diego during Navy/Marine Corps Service Day, earned a bachelor's degree in International Accounting from Alfred University in Western New York in 1997. She also spent a year studying abroad at Oxford University.

"I'm just of that mind," she says, "planning and budgeting."

After completing her studies, Schneider started her first job with Navy Morale, Welfare and Recreation (MWR), Naval Personnel Command out of the Naval Bureau in Millington Tenn., as an international auditor.

'I traveled to almost every naval base in the world doing audits on MWR," she explains, naming the various locations she's visited including Iceland, England, Italy, Japan, Korea, and Bahrain.

'The only one (naval location) I haven't really been to is Cuba since it was kind of a of finance through Booz Allen Hamilton.

dangerous compound at the time," she explains.

As an international auditor, Schneider would overview financial records and monitor how cashiers and staff were performing at various MWR facilities such as bowling alleys, golf courses and clubs.

"I really have had great experiences with my travels and my friends," says Schneider.

Towards the end of her four-year tour as an auditor, Schneider, who felt she needed a bit of a change from all the traveling, helped implement and train staff on a new financial computer system.

But after marrying a Navy chief in August 2001, she moved to Norfolk, Va. where she continued her career in accounting as the director of finance for a new organization - the Alzheimer's Association.

During her stint at the non-profit association, she geared her efforts toward fundraising and management before assuming her current position at Great Lakes.

But as the life of a Navy wife goes, after committing three years to the TSC Fiscal Office, Schneider, will be moving in July to a new location alongside her husband, who is due for relocation to his next duty station in San Diego. Schneider will assume a new position in San Diego as a senior consultant



Heather Schneider, TSC financial manager, who was recently awarded the Comptrollership award by the Office of the Assistant Secretary of the Navy (Financial Management and Comptroller) goes over the books with Bob Gibson, budget assistant. Photo by Matt Mogle

Navy retiree pursues mission outreach in Peru

By JIM BOYLAN Associate Bulletin Editor

Prior to his retirement from the Navy in 1999 as the director of community health, Naval Hospital, Great Lakes, Dr. Jon Bayer served as chairman of the Navy and Marine Corps Relief Society and led a two-month campaign to raise \$450,000 in donations (up from \$200K) and established a method that increased giving to \$600K. He has been heavily involved in fundraising for the Boys and Girls Club of Lake County helping to raise \$500,000 for a Presbyterian Church reconciliation center in Ireland.

At present he serves as the chairman of the World Mission Committee of First Presbyterian Church in Lake Forest, Ill. and continues to schedule overseas mission trips, mostly in Peru.

This mission outreach is to the Aguaruna, in the upper Amazon basin,

along the River Mayo in Peru. The Aguaruna live in remote villages that can be reached only by peque-peque boats and footpaths carved out deep in the jungle. Money spent during the last year helped build two church buildings, two boats, purchase a 40-horsepower motor, teaching materials, a large supply of medicines, toothpaste, toothbrushes, combs, pens, crayons, emergency medical fund, and two scholarships at the Annie Soper School. There were also funds for improvements to Christian radio system, support for a lay pastor and for a missionary for several

This program provides opportunities for people in chronic poverty to transform their lives, empowers poor women to create viable businesses, improve their quality of life and strengthen their communities. It

Jon Bayer, MD provides medical care in the Aguaruna village of Nueva Vida in the Ulta Mayo region of San Martin Province of Peru. His wife Sharon Bayer, RN is also provides medical care to the children. Photo by Les Double, Warren, Ohio. - See **BAYER** page 23

Former Navy surgeon heads up NCVAMC surgery program

By NCVAMC PUBLIC AFFAIRS

This week marks a new milestone in the relationship between the North Chicago VA Medical Center (NCVAMC) and the Naval Hospital Great Lakes (NHGL).

The NCVAMC accepted from the building contractor the new construction of the operating room suites, surgical admissions area, and post anesthesia units. Dr. Richard Furman, chief of surgery at the NCVAMC, said the final touches are being completed.

"All of the new equipment and supplies are in the process of being installed. We will perform our last surgeries in the old ORs this week and will move to our new spaces 3-5 of May. We anticipate performing surgery in the new spaces next week and expect to be ready for the Navy to arrive on June 1," Furman explained.

Furman was recently appointed as chief of surgery. He is a prior Navy surgeon with over ten years of active-duty experience and over 17 years in private practice — 14 years in Lake County.

He was listed in "Chicago Magazine" as one of the "Top Docs in Chicago" in their inaugural Health Care issue in 2001 and has received the same honor 3 three times in the prestigious Castle Connolly Polls.

"I feel that I can bring a nice balance to the joining of the VA and Navy Medicine," Furman said. Consolidation of the medical services between these two facilities makes too much sense not to make it happen. We can truly impact the future of health care in this country with what we want to accomplish here.'

The new OR facilities will bring four state-of-art operating rooms, five recovery beds, and fourteen beds for surgery intake and final recovery before outpatient surgical patients go home. An additional phase of the construction project will begin next week. When completed, this phase will add two endoscopy/bronchoscopy rooms, a cystoscopy room and a minor surgery room to the operating room complex.

Adding Navy surgeons will immediately increase the surgical workload considerably. No one has ever merged a DoD and VA facility to this degree. Furman said, ' Our goal is excellence in surgical care. It is a goal worth working for. Everyone in the surgical department is looking forward to our new spaces and the arrival of the Navy. This facility has unlimited potential."



The NCVAMC surgical team, from left: Dr. William Chagares, chief, podiatry section; Terrence Blount, health technician; Suzanne Mills, perioperative nurse coordinator; Sue Patrone, surgery secretary; Owen Timrick, physician assistant; Dr. Raymond Yong, assistant chief of podiatry; Kathleen Mega, clinical coordinator; Penny Darracott, program analyst; Dr. Irving Garlovsky, surgeon; and Dr. Richard Furman, chief of surgery.

New sea/shore rotation policy announced

By JO2 AMIE HUNT NPCC Office

WASHINGTON (NNS) — For the first time in more than four years, the Navy's sea/shore rotation policy is being updated to better match the Navy's billet base at sea and on shore. The updated policy, contained in NAVAD-MIN 130/06, announces modifications to existing tour lengths, which were last revised in December 2001 (NAVADMIN 341/01).

"Getting the correct sea/shore rotation across the fleet is the first step toward creating a future force," said Vice Adm. John C. Harvey Jr., chief of Naval Personnel. "We have been making assignments based on a sea/shore rotation that reflects the billet base of 2001 and does not take into account the almost 19,600 enlisted shore duty billets that have been programmed for elimination to date."

Earlier this year, a sea/shore rotation working group convened to determine the optimal sea/shore rotation in the Navy. Chartered by the Chief of Naval Personnel, the group will continue analyzing and working on solutions to ensure sea/shore rotations match the needs of the fleet forces and look at short and long-term challenges with the

"As the force structure changes, the sea component has remained relatively constant. So, reduction has been taken on the shore side of the house, as either the work goes away or as civilian positions are brought online changing the billet structure," said Capt. George Taylor, director of enlisted distribution at Navy Personnel Command (NPC).

To develop this policy, the emphasis was first placed on properly manning sea duty and the front line operational units. Currently, 790 rates/ratings/NECs (Navy Enlisted Classifications) make up the Navy's sea/shore rotation force. Of these, 150 will have an increase to their sea duty time, with most seeing a change of six months or less. Forty will increase eight-to-12 months, and only five will increase more than 12 months. On average, sea tour lengths for E5-E9 will increase from 47 months to 51 months, while shore tour lengths will increase from 34 to

"The billet base changes over the last four years have caused an imbalance from a distribution of assets perspective. This sea/shore rotation will help us ensure proper manning at sea and allow us to better align our billet base to the mission," said Cmdr. Tom Trotto, PERS 40 special assistant at Navy Personnel Command.

Sailors within their nine-month window to negotiate for orders will be able to proceed with those orders. NPC will adjust Sailor projected rotation dates based on length of tour remaining. Projected rotation dates (PRD) of February 2007 or earlier will not be adjusted.

"Our first priority is to properly man our sea duty and front line operational unit," Harvey said. "The working group is working hard to address potential billet imbalances of the future as new ship classes and squadrons



come online. They will also look at compensation strategies to increase flexibility and responsiveness to keep sea billets filled."

Future updates from the sea shore rotation working Group will be provided, as the group continues working to better align fleet and mission requirements while providing more predictable career tracks for Sailors.

A fleet master chief's take

By FLTCM(AW/SW) JAN R. THOMPSON

If you haven't seen NAVADMIN 130/06 announcing changes to the Navy's sea/shore rotations, you need to review it.

Almost every rating in the Navy is affected by the changes that better align

The revisions update existing sea/shore rotations that were put in place four years

As our Navy continues to evolve, it is critical we maintain sufficient manning aboard our sea and shore commands.

Since 2001, the Navy has eliminated more than 19,000 shore duty billets, but until now, sea/shore rotations did not take that reduction into account.

The new sea/shore rotations will make it easier for detailers and community managers to maintain our billet base at sea and ashore. So what does this mean to you? Depending on your rating, the changes may increase the number of months you spend on sea duty and shore duty.

According to the Chief of Naval Personnel, there are rates/ratings/NECs that make up the Navy's sea/shore rotation force.

Of these, 150 will have an increase to their sea duty time, with most seeing a change of six months or less.

Forty will increase eight to 12 months,

and only five will increase more than 12

On average, sea tour lengths for E-5 to E-9 will increase from 47 months to 51 months, while shore tour lengths will increase from 34 to 36 months. of you within your nine-month window to negotiate orders will be able to proceed with those orders.

The Navy Personnel Command will adjust projected rotation dates based on length of tour remaining.

Projected rotation dates (PRD) of February 2007 or earlier will NOT be adjusted. From a fleet perspective, the changes are critical because proper manning is essential to all our ships, squadrons and bases.

Without correct manning, meeting mission requirements becomes an even greater

Most of us have served in commands that had manning shortfalls.

I can tell you from past experience that when a command is improperly manned, it's difficult to maintain good morale because the work that would be done by the missing people is often placed on the backs

Proper sea/shore rotations help reduce that negative impact. The Navy is a sea-going force.

Hopefully you all understand that.

While there are a few shore intensive

ratings, the majority of our ratings are sea

It should not come as a surprise that the majority of your career will be (and should be) served on sea duty.

Having said that, it is equally important the Navy provide balance.

Correct sea/shore rotations help us all map out a career path.

What's more, the time we spend on shore duty allows for career diversity and the necessary time to pursue higher education. As we look to the future, it's clear our Navy is changing.

We are building smaller ships that are crewed by far less people than most legacy

It is important we continue to monitor how the manning aboard these new ships and units affect our ratings, while ensuring our legacy ships are properly manned as

To that end, the Chief of Naval Personnel has created the Sea Shore Rotation Working Group (SSRWG) to investigate, analyze and develop solution sets for current and future billet bases.

That group will be key to our future manning success. The changes in sea/shore

rotations are very good for our Navy. I hope you see how you fit into the bigger picture.

While you may personally incur only a couple more months at a sea duty command, when you do the math on a larger, total Navy scale, you realize a couple of months here and a couple months there start to add up quickly and help us ensure our units have the right people at the right

As of May 8, there were 298,938 enlisted people serving on active duty in our

It's clear to me that even small sea/shore rotation imbalances start to have a significant impact on our readiness.

Every one of you, in every rating, needs to do your best to maintain your sea/shore

Detailers are charged with holding you to the Navy's plan.

Your part is to do your best to work with your detailer to help stay on track.

Shipmates, my challenge to each of you is to embrace the new changes in sea/shore rotation and plot your career

While going to sea is not always easy, most of you will find it a little easier if you look to the future and plan using the new sea/shore rotation guidelines as a beacon.

If you plan correctly, you should be able to serve a productive, rewarding career in the Navy with the proper balance of both sea and shore tours of duty.

Viewpoint • • • >

Readers Speak Out

This week the Bulletin asks its readers, "What is the one thing you can't live without and why!"



"Friends. They helped me through some tough times!"

"My fiance, because she is the other part of me!"

E2AA Chris Loff





"My husband, Jason, 'cause he is the love of my life!"



"Transportation, because of the need to get from point A to point B!"

Kamala Ogle ITC Michael Jeffreis



"Family and the fact that family values are very important. The backbone that I can reach out to!"

ITI(SW) Charles Koonce



"Music, because it is the best!"
MU2 David Witter

LETTERS TO THE EDITOR-

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MAY 3, 2006

PAUL Engstrom, Managing Editor
Gaeat Lakes Bulletin
Public Affairs office
2601 A Paul Jones St.
Great Lakes, It. 60088-2845

Dear Siv:

I redd with great interest your article
In the Great Lakes Bulletin April 14, 2006s

Concerning Bob Feller

In 1846, I was Co-Manager of the
Great Lakes Buseball team. We played
teams as Northwestern Illinois. Indina
Purdue, Bradley and Richigan State
A nu-hit game against Us. He later
had An ovstanding Careen in the Major Leagues.

After leaving the Navy, six of our players had fine careers in the Major Leagues. Mel Reibe, second Base played with clevel and. Stummy White First Base had a long career with the Boston Red Sox as a catcher. Our Shortstop Robertson (his dad was a Legendary Codeh at Bradley), had a stellar career as a catcher for Kansas City. Three of our pitchers had Major League careers. Dick Manvillo played for the Boston Braves. Dick weik played with Vashington. A third pitcher whose hame elves me, played with Kansas City.

Sincerely

Ps. If they are still living, all would have to be in their late 70's or early 80's.



How to reach us

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Information, Tickets & Travel Building 400, 688-3537

Information, Tickets and Travel (ITT) Bldg. 400, 688-3537 Hours of Operation Mon.-Fri.: 10:00 a.m.-5:00 p.m. Sat.: 10 a.m.-Noon Sun. & Holidays: Closed June 17 & 18 ...

Special Military Discounts Offered on Navy Weekend at Six Flags Great America including their new waterpark!

Six Flags Great America (in conjunction with the MWR Department) salutes the military community by offering a special discounted ticket price on Sat., June 17 or Sun., June 18 (choice of either day) from 10 a.m. to 6 p.m.

All active-duty military, reservists, retirees, DoD employees and their family members and guests are eligible to participate in this spectacular weekend of fun including Six Flag's new waterpark, "Hurricane Harbor"! Tickets cost \$26.50 per person. Parking is free. Tickets will be on sale at ITT, Bldg. 400-Student NEX Store; Great Lakes Youth Center, Bldg. 2600; The Loft, Bldg. 2A; Zapper's, Bldg.'s 130-H (HCS), 616 and 621; RTC Recreation Center, Bldg. 1326 and Kid's World-Glenview, Bldg 8801. Tickets must be purchased in advance. Discounted tickets are not available at Six Flag's main Gate.

Six Flags Great America/Hurricane **Harbor Waterpark**

Purchase your daily and season passes for Six Flags Great America, which includes the new Hurricane Harbor Waterpark at the ITT Office: Admission: \$38 - Adults \$36.25 -Children (under 54") 2-Day Pass - \$55 Season Pass - \$90 per person Military Ticket Vouchers (MTV) Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American.

Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today for a list of attractions at 688-

Chicago Cubs baseball All June tickets will cost \$52 each.

The following June games will be available for purchase: -Tues., June 13; 7:05pm vs HOU - Wed., June 14; 7:05pm vs HOU - Sat., June 17; 3:05pm vs DET - Sun., June 18; 1:20 pm vs DET - Mon., June 26; 7:05pm vs MIL - Tues., June 27; 7:05pm vs MIL Restrictions: Limit two tickets per person, one game per month.

There is absolutely zero tolerance

in the resale of ITT's tickets. When you purchase your ticket and sign your name to it, you are bound to that agreement. See posted signage for

New Leisure Travel Office at ITT

The MWR Department's ITT Office is pleased to announce the opening of a leisure travel operation, in cooperation with Fox World / American Express, in the ITT Office, Bldg 400 (NEX Student Store).

An experienced travel agent will be available on Mondays and Wednesdays from 10 a.m.-5 p.m. to handle leisure travel needs including ... Air travel at special Military discounts! Emergency and dependant travel! Off duty and leave (vacations)! Tours and cruises, many at Military discounts!

Noah's Ark - America's Largest Waterpark!

Residing on 70 acres in the heart of Wisconsin Dells, Noah's Ark, America's Largest Waterpark, boasts 41 waterslides, two huge wave pools, two endless rivers, four children's water play areas, Paradise Lagoon activity pool, two group amusement rides, 18-hole mini golf, three arcades, shopping, gourmet desserts and much more! Noah's Ark is continually evolving, offering the most variety of water rides anywhere in the nation. This summer is no exception with the introduction of "Time Warp" the world's largest family bowl ride.

The ticket cost is only \$26 each at the ITT Office.

Stop by the ITT Office for more information on **Amtrak Services!**

Commemorative Bricks Etch your name in Great Lakes' history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today! Special Military Rates Downtown Chicago Holiday Inn Hotel & Suites Chicago Downtown Now serving Great Lakes with discounted rates from \$89/Night (King or two Double beds) Located on Harrison St. at Canal St., four blocks south of the METRA Kenosha North Line stop and two blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's.

Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza & Lounge. Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away. Clinton "L" stop of the CTA Blue Line is located at the base of the hotel.

Offer subject to availability. Stop by the ITT Office for additional information or visit www.hidowntown.com. For advance reservations, call 312-957-9100 and ask for the NAVY rate.

Need a weekend getaway?

\$44.99 per night (double occupancy) Extended Stay Hotels is offering special military rates for Extended Stay America - Vernon Hills, Homestead Studio Suites -Vernon Hills and Crossland - Waukegan for Friday, Saturday, or Sunday nights.

Whether you choose Extended Stay America, Homestead Studio Suites, or Crossland you can make yourself at home in our studio suites with fully equipped kitchens. In addition, all local phone calls are free and each hotel is pet friendly. Onsite guest laundry facilities are available 24 hours, daily.

Relax and enjoy the weekend at our hotels centrally located in Lake County off I-94 and minutes away from nearby shopping as Hawthorn Mall or Gurnee Mills, restaurants, golf courses, and movie theatres.

Special military rates are also available for longer term stays over seven nights. Stop by the ITT Office for additional information or visit www.ExtendedStayHotels.com. For advance reservations call: ESA Vernon Hills (847-821-7101), Homestead Studio Suites Vernon Hills (847-955-1111) or Crossland Waukegan (847-688-0402).

Laugh a lot at **ComedySportz in Chicago**

Finally, a fun, fast-paced comedy show that's great for the whole family. It's ComedySportz, improvisational comedy played as a sport by members of the World Comedy League. Two teams battle for laughs and points as they make up scenes, games and songs on the spot. The audience votes for the winners, a referee calls the fouls and they even play the national anthem before each match. Get your tickets today at ITT for only

ITT is now selling Navy Pier - Spirit of Chicago **Harbor Cruises!**

Enjoy either a dinner or a lunch cruise with a grand buffet, dancing, Broadway music and the sights of Chicago!

Rinkside Sports Fun Passes!

ITT offers Rinkside Sports Fun Passes for only \$12, located in Gurnee Mills Mall. The Fun Pass includes a \$5 Fun Card to be used for video games, one admission to the Ice Skating Arena, one skate rental. one laser-tag game, one free slice of cheese pizza and a small soda (a \$25 value). Use the Fun Passes to host your child's next birthday party!

Movies: \$2-Adult (Military or DOD)

\$1-Child (ages 6-11), Free-Under age 6 Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

GREAT MOVIES AT A GREAT PRICE!

Fri., May 12 6 p.m.



PG 13~For horror violence, disturbing images, language, brief sexual and drug content. (85 Min.)

Fri., May 12 8:30 p.m.



R~For strong sexuality, nudity, violence, language and some drug content. (113 Min.)

Sat., May 13 6 p.m.



PG 13~For drug content, language, sexual material and some violence. (100 Min.)

Sat., May 13 8:30 p.m.



R~For language and some violent images. (129 Min.)

Sun., May 14 3:30 p.m.



PG~For some mild language and innuendo. (90 Min.)

Sun., May 14 6 p.m.



R~For strong brutal violence, pervasive language, some drug content and sexuality/nudity. (95 Min.)

The movie schedule is subject to change without notice. For up-to-date information,

call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at www.mwrgl.com

Places to dine • Places to go

All-you-can-eat fish fry tonight!

PUB 140, May 12 from 4-8 p.m.

All You Can Eat ... Fish-n-Chips. \$6.95 per person. Dine in, only.

-PUB 140's hours of operation are Wed.-Fri., 4-9 p.m.

-PUB 140 is open to all staff members!

-PUB 140 is located in the Port O' Call in Bldg. 140.

Naval Station



Morale, Welfare & Recreation

MAYDAY and May Days

By CAPT. LEWIS BROWN

The expression MAYDAY, the call for help, comes from the French term M'aidez. The pronunciation sounds like "May Day," but the meaning is clear, "Help me!"

The word "help" appears 235 times in the Bible. The Book of Psalms expresses this plea in several ways. There is the petition of the sinner (38:23), of the person in old age (71:12). It is a personal request (5:3, 70:12), or a communal entreaty for the king (20:3). Even the Messiah calls for help (22:12, 72:12). There is gratitude for help (18:42), and a reminder of God's anger when there is no trust in His help (78:22). God is the source of help in distress (46:2), after defeat (60:7), after the destruction of the temple (79:9). There is the confident statement that God is "my help and my shield" (115:9), and "Our help is from the Lord who made heaven and earth" (121:2).

God help us if we forget a very important May day, Mother's Day. This day of remembrance began through the efforts of Anna M. Jarvis (1864-1948). When her mother died in 1907 she held a memorial service in Grafton, W. Va., her mother's

place of birth, and in Philadelphia, Pa., her mother's burial place. She asked those who attended to wear white carnations. She decided that one day of every year should be dedicated to mothers. In 1910, the governor of Oklahoma issued the first Mother's Day proclamation. The following year all the states did so. Congress and the Executive Office cooperated in 1913 in a national resolution establishing the second Sunday of May as Mother's Day. Some people still wear carnations as Anna Jarvis proposed — red ones for living mothers and white ones for those who've died.

Memorial Day is the conclusion of our special May days. The custom of honoring those killed in combat began shortly after the Civil War when southern women decorated the graves of deceased veterans of both the North and the South. President Lincoln issued a proclamation praising this action and encouraging it across the land. In our own day we remember all who have gone in harms way to keep our country the land of the free and the home of the brave." Eternal rest grant unto them, O Lord, and let perpetual light shine upon

This day in Navy History - May 12

1780 - Fall of Charleston, SC; three Continental Navy frigates (Boston, Providence, and Ranger) captured; and one American frigate (Queen of France) sunk to prevent capture

1846 - U.S. declares war against Mexico

1975 - SS Mayaguez seized by Khmer Rouge and escorted to Koh Tang Island. 1986 - Destroyer USS David R. Ray deters an Iranian Navy attempt to board a

U.S. merchant ship.

Navy Exchange to offer zero-percent financing

or more made at any Navy Exchange worldwide during May 15 - 29 will be entitled to zero percent down and no payments for three months.

At the end of the 90-day, interest-free period, the customer will be assessed finance charges at the variable Annual Percentage Rate, at 12.74 percent.

"The NEX is offering this zero percent Exchange locations worldwide.

All Military Star card purchases of \$250 financing as a way to show our appreciation to all our loyal customers,"? said Michael Good, Navy Exchange Service Command (NEXCOM) chief operating officer.

The promotion, along with the average 21 percent savings and no sales tax, will help our Navy family make the purchases they need.

This promotion is good at Navy

Celebrate National Women's Health Week

The Women's Wellness Clinic of North Chicago VA Medical Center, Naval Hospital Great Lakes and the Lake County Health Department are partnering to celebrate and launch "National Women's Health Week" at 10:30 a.m. on May 15 with an event called "Walk and Roll."

Women and families of all ages and abilities are welcome to participate in either a 1.5-mile walk on the campus of North Chicago VA Medical Center or chair exercises. In addition, attendees of any age may participate in or observe a demonstration of T'ai Chi Chih, Joy Thru Movement, that can be done either standing or seated in a

Registration for this event for veteran women, Naval Hospital Great Lakes beneficiaries or Lake County Health Department clients starts at 9:30 a.m. in Bourke Hall, Bldg. 4, North Chicago VA Medical Center, located at the southeast corner of Buckley

Road and Green Bay Road. The event is

National Women's Health Week, coordinated by the U.S. Department of Health and Human Services, starts annually on Mother's Day, with the stated goal of encouraging women to take simple steps for a longer, healthier and happier life.

In keeping with the goal of encouraging women to schedule an appointment for an annual check-up and health screenings, preventive screening literature will be available at the "Walk & Roll" event at no charge. Early-screening techniques can dramatically increase a woman's chance of detecting and surviving breast, cervical and colorectal cancer, as well as heart disease, osteoporosis, depression and diabetes. To pre-register or for additional details, contact Wilma Woollard, APN, CNP, (847) 688-1900 ext. 83407.

Women's health program event — Walk and Roll

By NANCY DECKER NHGL Women's Health Clinic

The Women's Health Program at Naval Hospital Great Lakes, the Women's Health Program at the North Chicago VA Medical Center, and the Lake County Health Department are

partners in hosting a "Walk and Roll" to kick off the National Women's Health Week, May 14-20.

The Walk and Roll event will take place on May 15, from 10:30 a.m. to noon. Registration is from 9:30-10:30 a.m. The event features a 1.5-mile walk

(which can be shortened depending on the needs of the participant), T'ai Chi Chih Joy Thru Movement and chair exercises.

This event is open to all active duty, retirees, spouses, and eligible dependents. All ages and abilities are welcome. Snacks will be provided. Children are welcome.

The National Women's Health Week is a national effort by the Department of

> Health and Human Services and an alliance of organizations to raise awareness about the manageable steps women can take to improve their health. Even the simplest steps a woman takes to improve her health can make a difference.

> Come join us on May 15 to find out how you can

make a difference for improvement in your



Command Religious Program Schedule

Catholic Sun., 9 a.m. Sunday MassBluejacket Memorial Chapel Sun., 10:30 a.m. Sunday MassNaval Hospital All Faiths Chapel Sun., Noon Sunday MassForrestal Village Chapel Mon.-Fri., 11:45 a.m. Weekday MassBluejacket Memorial Chapel Sun, 10:30 a.m. Catholics Seeking ChristBluejacket Memorial Chapel

Protestant

Wed., Noon Praise, Word and WorshipNaval Hospital All Faiths Chapel Sun., 10:30 a.m. Contemporary WorshipBluejacket Memorial Chapel Sun., 10 a.m. Family Worship ServiceForrestal Village Chapel

Church of Jesus Christ of Latter Day Saints

Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.

Liturgical Protestant

Sun., 8 a.m., Holy EucharistForrestal Village Chapel

Chaplains Allen (at Forrestal) and Ray (at Bluejackets) lead these services and are both Anglican priests. Worship follows the forms of the Book of Common Prayer and should be familiar to most Christians of a liturgical background. Holy Communion is open to all baptized Christians who seek and recognize the presence of Christ in the Eucharist.

Chapels

 Bluejacket Memorial Chapel - Bldg. 3, NTC • Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village • Naval Hospital All Faiths Chapel, Wing 2 South • For More Information about any of the services or events listed in this schedule, call 688-5610

League Standings

Stats as of May 6

	Command	Points
FLAG FOOTBALL	RTC	65
	ATT	35
1 May 06	TSC	30
USS COLE 14, USS North Carolina 27	Naval Hosp.	17
Mo Town Farragut 24, PSD 6	TPU	15
_	CNE	10
3 May 06	Army	5
USS Cole 24, Mo Town – Farragut 6	NRC	5
PSD 14, HHCS (0685) 8	Marines	5
	NAVFAC	5
Captain Cup Points after three events	PSD	5
(Flag Football, Basketball, Volleyball)	Navy Security 5	
-	BEQ 832	5

Great Lakes Fitness Center

Bldg. 2A, 688-5649

All event/league registrations and manager's meetings take place at the Fitness & Sports Office in Bldg. 440, unless otherwise noted. Turn in registration and forfeiture letters at Bldg. 440. Leagues are open to

all active duty and retired military, reservists, family members with an ID and DoD employees with a valid gym membership. For additional information, call 688-3419.

2006 5K Races

Race entry fee is \$12 per person/race! Register at the Fieldhouse (Bldg. 440) for each race. Sign five runners up from the same command and run as a team. The team cost is \$55 per team/race. The first 75 runners to register for each race will receive a free gift. All races begin at Courts Plus (Bldg. 4).

Schedule:

-June 21 at 5 p.m., Garfield Birthday 5K Race

-August 3 at 5 p.m., Watermelon 5K Race

-Sept 12 at 5 p.m., Video Day 5K Race

New Programs ... **Water Polo Equipment** Available!

For commands looking for a new fun fitness program, water polo equipment is now available for use! For more information, please call the aquatics manager at 688-3419.

Captain's Cup **Tennis League!**

Compete in this challenging Captain's Cup Tennis League, which begins on Mon., June 12. A mandatory

managers meeting and registration is due on Wed., June 7 at 4 p.m.

Summer Hoops League!

Play basketball this summer in this exciting league, beginning on Mon., June 5. A mandatory managers meeting and registration is due on Wed., May 24 at 4 p.m. There is a limit of twelve

Aquatics

Indoor Pool, Bldg. 440, 688-7692/3419 Watch for information on summer aquatic programs (including swimming lessons), the Lake Bluff Outdoor Pool and Nunn Beach...

Pool Parties

Reserve the Indoor Pool for your next party on either Monday, Wednesday, Saturday or Sunday from 3-5 p.m. The cost is \$75 for 15 children (chips and soda included). Each additional child is \$4. Participants may bring their own cake, food/drink and decorations. A party room is provided. Call the Aquatics Branch for full details at 688-3419.

Stay healthy, stay fit, stay Navy

Calling all fitness professionals, CFL's and CFL assistants. The regional MWR fitness instructor will conduct the two-day Navy General Fitness Instructor Course on May 31 and June 1.

This program will assist CFLs with increased fitness knowledge to conduct Fitness Enhancement Programs (FEP) for Sailors needing assistance in attaining and maintaining proper fitness levels.

This is not a CFL certification. However, all participants will be required to take a written test and receive a certification upon completion. Students are required to attend both days.

Pick up the registration information at the Great Lakes Fitness Center, located in Bldg. 2A, and return it by May 24. This class is limited to 12 participants, and will be offered to CFLs and fitness professionals as first priority.

The MWR regional fitness instructor point of contact is Barb Roth at e-mail barb.roth@navy.mil. Her phone number is (847) 688-2171. The DSN prefix is

Golf at Willow Glen in 2006

The Willow Glen Golf Club at Great Lakes offers 18 championship holes of golf for all eligible MWR customers and their guests. The course is located on Buckley Road, just east of Rt. 41. Willow Glen also features a driving range complete with target greens and a well-maintained grass teeing area. A large practice green also offers golfers the chance to work on their putting.

Willow Glen is the perfect place to host your 2006 golf outings with 18 holes of golf combined with delicious food and beverages from Duffer's Den, the course restaurant and lounge. Contact the Pro Shop for available dates and information at 688-4593.

Great Lakes Open slated for June 24-25

The Great Lakes Open, a 36-hole individual stroke play event, will be held on June 24-25 at the Willow Glen Golf Club. Players will be flighted based on current USGA handicaps. Prizes will be awarded in each flight for low net scores. Entry fees will be \$25, plus applicable green fees. Registration must be paid a least one week prior to the event. For more information, contact the Pro Shop.

Naval Station Great Lakes

"Spring Fling" Scramble
Willow Glen will host a "Spring Fling" 18-hole scramble event on Fri., May 19 with a shotgun start at 1 p.m. A scramble (best ball) format will be used

for this fun-filled event. Entry fees are \$40 for military, \$45 for DOD civilians/veterans. Fees include golf, a cart, beverage tickets, lunch on-the-go, oncourse contests, door prizes and hors d'oeuvres - plus awards after golf. Players can sign up individually or put together their own four-person team. Sign-ups will be limited to the first 100 players paid.

Golf Lessons Available

Private golf lessons are available on an appointment basis for those wishing to learn the game or for those that need that little bit of "fine-tuning." Interested students should contact Tom Baness, Willow Glen's golf instructor, at 688-4593. Onehour and half-hour appointments are available throughout the season.

Golf Fees

Call 688-4593 for the current fees.

Duffer's Den for Lunch

Duffer's Den, the clubhouse restaurant overlooking the Willow Glen golf course, is a great place to relax and enjoy a delicious meal for lunch. Lunch is served from Monday-Friday, 11 a.m.-2 p.m. A wide array of hot and cold sandwiches are offered. Let the Duffer's staff take care of your next office luncheon. Parties of eight or more are strongly encouraged to call ahead to reserve a table. Don't have time to sit and eat, get it "To Go." For more information, call 688-2637.

SHIP	EVENT POINTS	ESPIRIT DE CORPS	SHIP	EVENT POINTS	ESPIRIT DE CORPS
USS England	46	16	USS Farragut	38	15
USS Cole	79	25	USS ESSEX	92	22
USS N. Carolina	75	27	USS Mustin	66	15
USS B. Richard	5	27	USS Decatur	28	15
USS Porter	112	21	USS New Jersey	54	9
USS Wisconsin	72	22			

Rynish Bowling Center (RBC)

Bldg. 180, 688-5612

Mother's Day Special!

Sun., May 14 - Moms bowl free all day when accompanied by a paying family member. Kids Bowl free in June (ages 16 and under). Sign-up to receive a punch card - good for one free game of bowling each day in June!

New Scoring System...

The new Oubica scoring system at RBC offers bowlers over 500 animated video graphics with integrated sound. Plus, there are new colorful score displays, featuring a spare maker screen and a ball speed indicator. There are also alternative games to choose from for a fun interactive experience!

You bring the game, we'll provide the basketballs...

This summer, all across the country thousands of U.S. military personnel and their families will face off in Scion Slam 3on-3 Military Basketball Tournaments for a chance to win \$1,000 and a whole lot of respect on the blacktop!

At 12 different locations reaching tens of U.S. military bases, contestants will get to see which one of their brothers and sisters "in arms" can "play ball" during this oneday event! Who has the best skills? Who's got that three-point line on lockdown?

On Saturday June 3, the Scion Slam 3-

on-3 Military Basketball Tournament rolls into Naval Station Great Lakes (behind Pier 525-west side) with an opportunity for the first-place team to walk away with \$1,000. The best part of this tournament, win or lose, there is no entry fee.

For those who prefer watching, come out on game day to see what the Scion buzz is all about. The Scion Slam Team collaborated with the local Morale, Welfare and Recreation (MWR) to add a custom car show where everyone on base can come and show off their rides. First-place winner for the car show will walk away with \$250 and a custom trophy. The second place winner will earn \$100 and the third-place finisher will receive \$50.

There is also a free throw contest and a three-point contest with a first-place cash prize of \$250 and a second-place prize of \$100. Handpicked Scion D.J.'s will also cut and spin a Hip-Hop soundtrack for the

Do you "Got Game" and have what it takes? Prove it. Register now for this exclusive event. Go to www.mwrgl.com for more



information or register directly on-line at www.scion.com/scionslam. No Internet? Stop by the fieldhouse, Bldg. 440, for assistance on signing up. For further details, call 688-3419/5315.

Two decades of innovation, new tactics and weapon systems

Battleline: The United States Navy 1919-1939 by Thomas and Trent Hone. Naval Institute Press, 291 Wood Road, Annapolis, Maryland 21402. 244 pages, 2006.

By LT. CMDR. YOUSSEF ABOUL-ENEIN MSC, USN

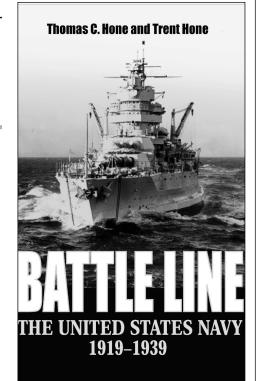
Dr. Thomas Hone, an executive at the Office of the Secretary of Defense joins his son Trent in publishing a new book that looks into perhaps the lowest ebb of U.S. Naval power to the start of its ultimate rise in the eve of World War II. It is a two-decade period in which naval leaders had to innovate, create new tactics and advocate new weapons systems under extreme constraints of resources and the limitations imposed by the Washington Naval Treaty of 1922.

The book highlights the debates and fleet exercises the employed new carrier battle tactics, demonstrated the potential of airpower from the sea and attempted to gain an advantage by listening in on the communications of adversaries at sea. A valuable lesson to derive from this new book is the importance of never stifling creativity in warfare.

In 1939 an Admiral Claude Block had written to then Chief of Naval Operations Admiral Leahy describing the results of using radio-controlled airplanes for target practice towing a long piece of cloth, this increased the accuracy of anti-air gunnery and drove the Japanese to the desperate tactic of using suicide aircraft. The seeds of this test were made off the naval base at Guantanamo Bay.

The book highlights major improvements in technology, but more importantly in 1921, the U.S. Navy had warships but not what would be termed a "balanced" fleet, tactics of the period involved lining battleships to confront an adversary's fleet in one blow. It resembled the age of fighting sale except the steam turbines made it faster and longer range guns meant an advantage on who got to fire first and keep firing.

By 1939, on the eve of Hitler's invasion of Poland, a group of extraordinary naval leaders, began putting together the battleship, the aircraft, the carrier, amphibious ships with Marines and auxiliaries supply ships into a fighting force that complemented and balanced one



another and gave commanders a range of tactical options.

The book also praises the U.S. Naval War College for its series of annual fleet problems that created challenging wargames by absorbing the latest innovations from the Bureau of Aeronautics and the fleet, while at the same time keeping current on the development of adversaries, like the Japanese.

As we now deal with Global War on Terrorism, preemption, unconventional warfare and the proliferation of weapons of mass destruction coupled with the rise of regional powers like China, Iran and India, operational and strategic innovation is what will keep the United States at an advantage against the growing challenges of the information age. Education, debate, discussion and unconventional thinking are what will give our forces the edge. There are lessons to be learned from America's naval history.

Editor's note: Lt. Cmdr. Aboul-Enein is Middle East Policy Advisor at the Office of the Secretary of Defense for International Security Affairs. He is the author of numerous essays and reviews on military history, Arab military tactics and Islamic militancy.

Sailors wanted: SEAL, SWCC community host

By LISA CALE T. BENTLEY
Fleet Public Affairs Center, Pacific

SAN DIEGO (NNS) — The Navy SEALs (Sea, Air, Land) and Special Warfare Combatant-craft Crewmen (SWCC) hosted a recruiting fair at Naval Station San Diego May 4.

The event was held to recruit Sailors around the fleet by showcasing some of the equipment that Naval Special Warfare uses and by highlighting some of their daily training.

"Right now we are undermanned in both the SEAL and SWCC communities, so we have an initiative to recruit more Sailors in order to get our numbers up by 2010," said Chief Boatswain's Mate (SWCC/SW) Michael A. Smith, Naval Special Warfare motivator. "There is a dropout rate of around 75 percent for Basic Underwater Demolition/SEAL school and about 50 percent for SWCC school; so it is really important that we get more Sailors through the door so they can try and be a part of the special warfare community."

The recruiting fair helped motivate

Sailors further who have been wanting or are just now deciding to join either the SEALs or SWCC.

"This shows that these guys want us to be a part of the team just as much as we want to be a part of it," said Engineman 2nd Class (SW) Anthony R. Anguiano, of the Southwest Regional Maintenance Center. "It's not just us looking for them all the time; so it really helps me in making my decision, and I'd like to see these sort of things more often."

Interested Sailors also received indepth knowledge of the process of getting into one of the Special Warfare programs.

"Getting the paperwork done in order to become a part of a SEAL or SWCC team is a difficult process, and by being here today, I got more information on how to go about that," said Torpedoman's Mate 1st Class (SW) Donald K. Ganes, of the advanced underwater weapons department.

Weapons, boats, and combat gear that the SEAL and SWCC teams use were displayed. There was also a pull-up bar for Sailors to test their strength and free food for everyone who attended.



Your "Home Away From Home" For current program info see Web site: www.uso.org/Illinois

Your USO Great Lakes "Home Away From Home" Has So Much to Offer!.
Six computers with Internet, printers and fax (\$1 per hr)
A library with books and magazines you can take with you! FREE
Quiet study rooms large enough for groups.
Big screen movie rooms with all the latest movies. FREE!
Four Pool tables FREE!

A Music Room with guitars, drum set, keyboard and amps. FREE!
Art Room loaded with art supplies. FREE!
Play station 2, N-64 and X-Box with all the latest games. FREE!
NO DOUGH DINNER/KAROKE! We feed you the night before payday!

Don't forget "No-Dough" dinner the night before each payday at 5:30 p.m.

NAVY PIER TICKET INFORMATION

The Standard I-Max tickets: Regular price \$10.50. USO Price is \$5.

Standard tickets cover the 50-minute, 3-D movie.

Tickets are available for purchase at the Navy Pier USO.

The Premier I-Max Tickets: Regular price \$14.50. USO Price is \$8.

Premier tickets cover full-length movies and are available for purchase at the Navy Pier USO.

The 3-D Thrill Ride offers discounts when presenting a military ID.

The Sea Dog offers discounts when presenting a military ID.

The Shoreline Water taxi is free for military in uniform.

The Tall Ship Windy offers free rides to military in Uniform.

For information on all USO, special events go to www.uso.org/Illinois and click on link to Special Events or the link for the Calendar of Events. The Great Lakes USO is Located in Building 27 on the Great Lakes Naval Station near the Front Gate. The hours of operation for center usage are Monday-Friday 1500-2100 and Saturday and Sunday 1100-2100. The USO is open Monday – Friday from 0800-1500 for outreach programs, ticket programs, and general assistance. For any questions or comments, call (847) 688-5591. Serving Our Troops Since 1941: The mission of the Corporation is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities.

Resources to plan your summer vacation

By BETJ WIRUTH

Summer is upon us and that means Vacation! Like you I am busy planning and anticipating this summer's travels and vacation. This week I'd like to offer some resources that you may want to consider to help stretch that vacation budget.

The military offers many resources to enhance your vacation. First let's take a look at IT&T. IT&T stands for Information, Tickets and Tours. Located at each base this can be one of your first stops for a day trip, ballgame tickets, ferry, ski and golf course tickets, movies and even vacation. IT&T offers discount tickets for local movie theatres, major sporting events, concerts and other local attractions. If you are traveling farther, they offer discount tickets to Florida and California amusement parks as well. Check them out often and look for their Recreation Ticket vehicle near you.

MWR is another resource that you may overlook when planning events for the summer. Log on to their local website or contact their office to get up to date information on trips and tours. They do the planning, they do the driving, and we have all the fun! If you are leaving the area but near a military installation don't forget to check out their local MWR for opportunities in that area.

Think outside the Navy. When my husband and I traveled from Norfolk, Va. to San Diego, Calif. we planned our trip around attractions such as Dollywood, Six Flags over Texas and more. Each stop of our trip was planned around a local military installation where possible to utilize their accommodations and discount tickets through IT&T. Remember that you can utilize the services and accommodations from all military installations.

Staying at the Navy Lodge can save you 40 percent over the civilian market. In addition, Navy Lodges have kitchenettes as standard where you would pay additional for that at a civilian hotel. The Air Force INN can save you even more as fees are based on the rank of the service member. The Department of Defense, through MWR, maintains campgrounds, cabins, lodges and even resorts for your recreational enjoyment throughout the country and the world. Don't forget MWR for your recreational equipment. Many installations have campers, boats, jetskis and other

equipment available for rent at a deep discount.

Families and service members traveling on orders will have preference for available housing accommodations before the recreational traveler but that does not mean that you will not be able to utilize these opportunities. Book your reservation as early as possible. Some locations permit reservations one year in advance, others only 90 days. The key is to contact them early for their requirements and reservation/cancellation policies.

I have stayed in Navy Lodges in Norfolk, San Diego, Millington, Tenn. and Bangor, an Air Force Inn in Texas, an Air Force campground in Tucson and an Army TDY Inn in Arlington, Texas. I was impressed by the consistent service by the employees and quality of accommodations. And, in case you didn't know...there are even resorts for you to enjoy!

Here are some contact information for recreational lodging for all branches of the armed services.

Navy Lodging

Navy Lodge: www.navy-lodge.com Cabins, Campgrounds & RV Parks: www.mwr.navy.mil/cabin.htm

Marine Corps

mccs.org/busops/Lodging/relodginfo.htm

Army

Lodging:

www.mwr.com/portal/travel/lodging/ Cabins, Campgrounds & RV Parks: www.armymwr.com/portal/travel/travelresources/lodgingcampingrv.asp

Air Force

Lodging: www-p.afsv.af.mil/LD/
Coast Guard

Paggraphion Facilities & Te

Recreation Facilities & Temporary Lodging www.uscg.mil/mer/cottages/recreationcot-

tages.htm
Armed Forces Recreation Center Resort hotels: www.armymwr.com/portal/recreation-

centers/
If there are no military facilities within range of your destination, IT&T can often

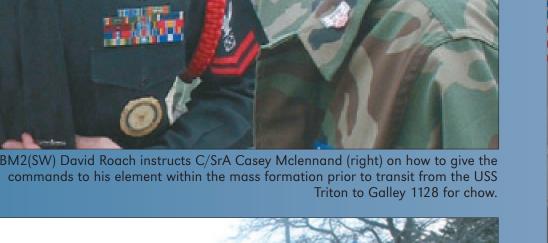
secure discount civilian room rates. One final tip, most hotel chains offer a military discount. Be sure to ask for this discount.

By utilizing IT&T for discount tickets and MWP for logging your vecesion delayers.

By utilizing IT&T for discount tickets and MWR for lodging your vacation dollars can provide a memorable and exciting summer for you and your family. **16** GREAT LAKES BULLETIN—Friday, May 12, 2006 Friday, May 12, 2006—GREAT LAKES BULLETIN 17

Illinois Group 22 GIVIL AIR PATROL ATTENDS SPRING ENCAMPMENT 2006

MENT AT GREAT LAKES





The entire Encampment of Cadets stands at Present Arms aboard USS Midway at the Graduation Pass-in-Review ceremony held on April 30.



ion for return to the USS Triton



The Civil Air Patrol cadets enjoy some good Navy chow in Galley 1128.



During a demonstration on Spatial Disorientation, a common problem encountered during flight operations, C/Amn William Newport spins in a chair wearing a pilot's helmet with visor down. The helmet belongs to CAP/USAF III. state director Mr. Geoff Biedermann (kneeling), a former USAF fighter pilot.





C/CMSqt. Derek Neitzel (left) and C/CMSqt Ryan Tschosik work together on Tschosik's bunk to make it ready for inspection



C/A1C Kevin Esmail takes aim with the M-16 in the Small Arms Marksmanship Trainer (SAMT)

Some 115 Civil Air Patrol (CAP) personnel attended one of the largest training encampments hosted by CAP Group 22 at Naval Station Great Lakes last month.

It marked the fifteenth year that members of CAP have received military orientation at Great Lakes. The event took place over the weekends of April 21-23 and 28-30. Organizers said that it is their largest annual training activity that provides the fundamentals of CAP and the US Air Force for those new cadets (known as "basics") typically aged 12-15 - both boys and girls - or those up to age 20 to further develop their leadership

Attending the event were 22 senior-staff members and 99 cadets from around the

state of Illinois, as well as Indiana and Wisconsin.

Participants were billeted in USS Triton (Ship 12), aboard
Recruit Training Command for both weekends. The Naval
liaison was SKC(SW) Pauline Moore.

Capt. Bob Williams, commander of the encampment said he was motivated to join CAP for several reasons, one of which was to help mold young men and women into good citizens.

Cadets too, are motivated by a variety of inter-

"Some are motivated because of their interest in aviation, while some are interested in the military. Others are interested in the leadership

element, but our fundamental goal is to develop good citizens," Williams explained.

"The military protocols, the customs and courtesies the Cadets follow and render among themselves, and to the senior staff, instill discipline and attention to detail," he

Encampment attendees participated in Small Arms Marksmanship Training (SAMT), and BASES training in the Freedom Hall. Other elements of the CAP Cadet Education Program included classes on leadership, core values, aerospace history and the United States Air Force's command structure and its mission.

"Overall the CAP Cadet Program is similar in some ways to the Sea Cadets," Williams said. "We wear an Air Force-style uniform, which during the Encampment, the cadets learn to wear correctly."

The Encampment graduation was held in the USS Midway
Ceremonial Hall on April 30th. Honored guests included Geoffrey Biedermann, Ill. state
director, CAP/USAF, Col. John Bryan, CAP, Indiana Wing commander, Maj. Grant Farrell,
CAP, IL Wing Group 22 Commander, and Caldreson Cardwell, CAP, IL Wing Group 14 commander. Biedermann gave the key-note address.

Williams said that Great Lakes is one of the most important military facilities in Northern Illinois and it provided the CAP personnel a valuable glance inside military life, especially that experienced by recruits at the formative stage of their career in the Navy.

"It's good for the cadets to see the recruits interface with the RDCs and chiefs," he said. "It's not just screaming shouting and general harassment like they have seen in the

movies. The military doesn't work like that today."

According to Williams, CAP is not about recruiting young people to serve in the military, but many do pursue careers in the various service branches. He said that approximately 10 percent of those that who attend the Air Force Academy have been CAP Cadets.

Navy personnel that volunteered their free time to support the Encampment were as follows: SKC(SW) Pauline Moore; ET1(SW) Walter Cyphers; BM1(SW) Sherman Goggins; AM1(SW) Cullen Gould; OS1(SW) Franklin Grimes; SM1(SW) Eduardo Ijares; DT1 Sandra Murphy; CT1(SW) Corey Pack; ET1(SW) Erik Rabe; GM1(SW) Lonnie Redmond; GM1(SW) Todd Waldon; SK2 (AW) Maurice Britt; FC2(SW) Angela Lavant; GM2(SW) Donald Manning; BM2(SW) David Roach; and AS1(SW) Darrell Washington

Illinois Wing of the Civil Air Patrol is one of 52 wings throughout the United States (one per state and including Washington D.C. and Puerto Rico). Group 22, which is headquartered in Building 837 aboard Great Lakes NTC, is the command echelon within the Illinois Wing for Northeastern Illinois, geographically covering Northern Cook, Lake, McHenry, Boone, and Winnebago counties. Six squadrons fall under this group which is commanded by Maj. Grant Farrell.

The Lake County Composite Squadron meets every Tuesday at Great Lakes. For more information call 2nd Lt. Craig Danly at (847) 604-4649 or visit http://group22.net/units/.

CIVIL AIR PATROL HISTORY

The Civil Air Patrol was established on Dec. 1, 1941, one week before the attack on Pearl Harbor, Hawaii. It was started by 150,000 citizens who were concerned about the defense of America's coastline.

Flying under the jurisdiction of the Army Air Forces, CAP pilots flew over half a million hours and were credited with sinking two enemy submarines during World War II.

It became an auxiliary of the US Air Force on May 26, 1948. CAP is Congressionallycharged with three primary missions: emergency services, Cadet programs and aero-

